



Creative Health Review Roundtable Creative Health and Health Inequalities

Agenda

Thursday December 1st 10am – 12 noon

10am Welcome: Alexandra Coulter, Director, NCCH

Introduction to Creative Health and Health Inequalities: Prof Helen Chatterjee MBE, Professor of Human & Ecological Health, UCL Biosciences + UCL Arts & Sciences and Research Programme Director for Health Inequalities, UKRI AHRC (Session Chair)

10.10 – 11.05: Panellist mini-presentations - How can creative health help to address health inequalities?

- David Tovey, Co-Director Arts and Homelessness International
- Sandra Griffiths, Founder and Director, Red Earth Collective and Health and Wellbeing Consultant
- Rose Sergent, Health and Science Producer, Contact Theatre, Manchester
- Josie Moon and Kelly McLaughlin, East Marsh United
- Liz Morgan FFPH, Interim Executive Director for Public Health and Community Services, Northumberland County Council
- Ruth Bromley, GP and Clinical Lead for Homeless Health, Greater Manchester Integrated Care, Lead for Ethics & Law, Manchester Medical School

Break - 10 mins (audience can place questions and comments in the chat)

11.15 – 11.50: Panel Discussion and Audience Q&A

- Are creative and cultural opportunities available to all? How do we make sure creative health does not reinforce inequalities?
- How can creative health support health inequalities policy approaches (For example, the NHS CORE20PLUS5 framework and levelling up)?
- Audience questions

Final Thoughts: Panellist recommendations to Government

Speaker Biographies

Dr Ruth Bromley is a GP and academic with nearly a decade of experience as a senior healthcare leader, including latterly as Chair of the organisation that oversees the running of the NHS in Manchester. She is Lead for Ethics and Law at Manchester Medical School and has particular expertise in health inequalities, inclusion health, homeless healthcare and Complex Safeguarding. Through her board roles, she has been actively involved in Arts and Creative Health for several years now, believing passionately that good health comes from so much more than medicine alone. She is a devoted mum to two sons, and when life allows, she loves to spend her spare time singing and dancing, sometimes on stage, sometimes simply round her kitchen.

East Marsh United is a community group from the East Marsh of Grimsby, dedicated to transforming the neighbourhood for the better. Find out more about East Marsh United at <https://eastmarshunited.org/>. East Marsh United Director, **Josie Moon**, is a writer, educator and arts practitioner. Josie has produced original work across arts disciplines including music, story-telling, creative writing and theatre projects in partnership with the North East Lincolnshire Music Hub, Grimsby Jazz projects, Lincs Inspire, New Perspectives Theatre Company, and others. In addition, Josie mentors and supports young artists in the area. In 2017 Josie established La Luna Publishing which has produced a range of publications for adults and children and collections of writing by young writers in North East Lincolnshire. Josie has led the Creative Civic Change funded programme for East Marsh United and is currently working on future funding and an arts programme for the next 3-5 years. To find out more about Josie's work please visit <https://josiemoon.co.uk/>. **Kelly McLaughlin** from Through My Eyes Photography is a community organiser for Grimsby.

Sandra Griffiths has worked in mental health for 30 years, holding senior position at The Franz Fanon Foundation and East London Foundation NHS Trust to address mental health inequalities experienced by Black communities. In 2002, she established StereoHype which is now the UK's foremost black mental health arts festival. In 2018 she founded the mental health arts organisation The [Red Earth Collective](#) and is a director of [Catalyst for Change](#) an umbrella organisation providing capacity building support to Black led mental health organisations across the Midlands. Sandra is currently an Associate producer at the [Midlands Art Centre](#) in Birmingham.

Liz Morgan's career spans hospital and community pharmacy, the Armed Forces and over the last decade, public health in a military and local authority context. She is currently Director of Public Health at Northumberland County Council where the public health team has a strong commitment to supporting arts-based projects aimed at improving health and wellbeing and reducing inequalities. The county has a flourishing arts scene with some strong links into local universities and Liz nailed her colours to the mast on creative health through the [2019 Director of Public Health Annual Report](#) which focused on how health can be improved through the arts. This commitment is being reinforced with the creation of a new arts and health coordinator post for the county, a local collaboration with the North East and North Cumbria Integrated Care Board.

Rose Sergent is Contact's Health & Science Producer. Her role focusses on developing a wide range of opportunities to explore health and science for artists, young people, communities and audiences. She is dedicated to investigating accessibility to the arts and centring care within this work. Contact's mission is to empower young people from all backgrounds as creative leaders and agents of social change, supporting the next

generation of artists and creatives and inspiring new audiences with stories and experiences that reflect their community. Find out more about Contact Theatre here - <https://contactmcr.com/>

David Tovey is a formerly homeless artist, educator and activist who works in a range of media. He is a photographer, painter as well as an installation artist and performance-maker. David has exhibited internationally in locations such as the Atsa Festival Montreal, Kunsthall Stavern Norway, Tate Modern and Tate Liverpool and he is also the founder of the UK's first One Festival of Homeless Arts. He speaks regularly at housing and homelessness events and teaches art to people experiencing homelessness at Passage House. His Man on Bench performances have earned him significant acclaim and have taken place on the pavement of the London's Southbank, The Mayfield Depot Manchester and the halls of Tate Exchange. Find out more about David at <https://davidtoveyart.co.uk/about>. David is a co-director of **Arts and Homelessness International**. Find out more about their work at Artshomelessint.com