



Creative Health Review Roundtable Mental Health and Wellbeing across the Life Course

Agenda

Thursday October 27th 10am – 12 noon

10am Welcome: Baroness Molly Meacher, Vice Chair, All-Party Parliamentary Group on Arts, Health and Wellbeing (APPGAHW)

Introduction to Creative Health for Mental Health and Wellbeing: Debs Teale, NCCH Trustee

10.10– 10.30: Creativity and Young People’s Mental Health – 42nd Street

10.30 – 11.15: Panellist mini-presentations

- What are the current challenges in mental health and wellbeing?
- How can creative health activities and approaches help to mitigate these challenges and contribute to a mentally healthy society?

Panellists will present for up to 5 minutes based on their own personal or professional experiences, with time for a panel discussion around the issues raised.

Panellists include:

- Professor Dame Sue Bailey, Chair, Centre for Mental Health
- David Cutler, Director, The Baring Foundation
- Dr Daisy Fancourt, Associate Professor of Psychobiology & Epidemiology and Director, World Health Organisation Collaborating Centre of Arts & Health, UCL
- Anne Longfield CBE, Chair, Commission on Young Lives
- Kiz Manley, Hip Hop Heals Founder, Tutor, Counsellor
- Sue Stuart-Smith, psychiatrist, psychotherapist and author of *The Well Gardened Mind*
- Debs Teale, NCCH Trustee and advocate for creative health
- Salma Yasmeen - Deputy Chief Executive and Executive Director of Strategy and Change, South West Yorkshire Partnership NHS Foundation Trust

Break - 10 mins (audience can place questions and comments in the chat)

11.25 – 11.50: Panel Discussion and Audience Q&A

- What more do we need to do to embed creative health into health, social care and wider systems in relation to mental health?

Final Thoughts: Panellist recommendations to Government