



NCCH X RCOT Creative OT Webinar Monday 31 October, 10am–1pm

RCOT Royal College of
**Occupational
Therapists**

In collaboration with



& UCL MASc Creative Health

AGENDA

- Introductions & background to the webinar
- Presentation 1: **Bringing the museum to you - facilitating the integration of arts and culture into healthcare settings** by Marcus Janusz (he/him) and Eleri Watson (she/her)
- Presentation 2: **Breathe Magic: Occupational Therapists working with Magicians to create Magic** by Rebecca Fortescue (she/her)
- Q & A
- Presentation 3: **Helen Maso: Advancing Clinical and Community Practice: Creative Health & Occupational Therapy** (pre-recorded)
- Break (11:15 – 11:30am)
- Presentation 4: **Creative OT** by Odeth Richardson
- Panel discussion with **Karin Orman, Miranda Cunningham, Helen Shearn** and **Jules Ford**
- Breakout Rooms & Group Feedback(12:25 – 12:50pm)
- Closing remarks (12:50 – 1:00pm)

JAMBOARDS LINKS (3 Links)

Initial Questions:

https://jamboard.google.com/d/1I96fTKJP_4fvsAKY8tYP9k3ZPMrAeqyecOCQGL4DnUM/edit?usp=sharing

Panel Questions:

<https://jamboard.google.com/d/1py6UrSdslGDwwX7q4C50iCFmzzJG4kHhHYN0IIE5pW8/edit?usp=sharing>

Breakout Room Questions:

https://jamboard.google.com/d/17C90cx1Y9zqf0rx12qem9WnqhmMZoNFp_1UP1B_W_Ko/edit?usp=sharing

BIOGRAPHIES

Presentations:

Mr Marcus Janusz, Occupational Therapist at South Tyneside and Sunderland NHS Foundation Trust. Marcus is in his first Occupational Therapist role following the completion of the MSc Occupational Therapy (pre-registration) degree at Northumbria University in Newcastle, and also has an undergraduate degree in Biology. A role-emerging placement with museums during his Occupational Therapy course really spiked his interest in the inclusion of arts, culture and community hubs into healthcare practice. *Feel free to contact Marcus for discussions and any questions following today's webinar on marcus.janusz@outlook.com.*

Eleri Watson, Occupational Therapist at Northumberland County Council. Eleri completed her Master's degree in Occupational Therapy at the beginning of 2022. She is now a qualified Occupational Therapist working for Northumberland County Council, specialising in Adult Social Care. This is a community-based role working with vulnerable adults with varying, complex needs. She thoroughly enjoys her job as it is both challenging and rewarding. She continues to have a passion for innovative practice and is always looking to find ways to embed the use of creative art activities as a form of rehabilitative therapy into her role as a long term Occupational Therapist.

Rebecca Fortescue, highly specialist Paediatric Occupational Therapist. Becca qualified from Plymouth University and went on to gain experience in mainstream and specialist schools, community paediatrics, NHS private practice, and charity settings. She currently works at The Pace Centre, a charity specialising in supporting children with neurodisabilities and their families, and she is the Joint Clinical Lead at Breathe Arts Health Research on the Breathe Magic Intensive Therapy programme. Rebecca is the Continuing Professional Development (CPD) Lead for The Royal College of Occupational Therapists: Specialist Section Children, Young People and Families. She has particular interests in early intervention, neurodisabilities, and feeding therapy. *Twitter @BeccaFort*

Drew Potter, Project Manager, Breathe Magic. Drew has worked within the arts sector since 2014, and most notably has worked for two national touring dance organisations, Matthew Bourne's New Adventures and English National Ballet. Drew has a passion for creating high quality and inspirational arts experiences for children, young people and the wider community and has produced large-scale participatory projects and programmes across the education and health sectors. Drew holds a BA in Dance Studies from the University of Roehampton and joined Breathe in 2021 working across all the different programmes under the Breathe Magic umbrella.

Helen Mason, highly specialist Occupational Therapist and community artist. Helen Mason is a highly specialist occupational therapist and community artist living in the Devon area. Professional development includes training in stop frame animation, Advanced sensory integration practitioner status and EMDR. Helen has 22 years clinical experience working with vulnerable children and families in her NHS and private clinical work. Her community creative arts and heritage practice has enabled Helen to step out of traditional health provision and she works using the creative arts with people from all walks of life and with a variety of needs. Helen embeds at the core of her work person and community centred practice, attunement, and trauma informed care. With a specialist interest in stop frame animation and nature based sensory work, Helen is a previous National Endowment for Science Technology and the Arts awardee, launching Animation Therapy in 2008 and sharing skills via her training program for 11 years. Some of Helen's previous work includes heritage projects with the Horniman museum and Powderham Castle, refugee work in Uganda commissioned by War Child, collaboration with The Royal College of Art London and Aardman Animations Bristol and offering training at the Museum for Fine Arts in Montreal. Helen currently works at Powderham Castle in a new Community Interest Company Rise and Rewild the Patron of which is actress and The Countess of Devon Aj Courtenay - who shares Helen's belief in the creative power of the arts for health and healing. *Twitter: @Animatetherapy*

Odeth Richardson, Chair of The Royal College and British Association of Occupational Therapists (BAOT/RCOT) Council. Odeth started her career at Hillingdon Hospital, and since then has been an occupational therapist for over 22 years. Currently, she is Head of Occupational Therapy at the Newcastle Upon Tyne Hospitals NHS Foundation Trust. Odeth is also a trustee of the Great North Children's Hospital Foundation and a Critical Friend to Glasgow Caledonian and Northumbria Universities looking at improving the representation and experiences of underrepresented occupational therapy students. *Twitter: @OdethRichardson*

Panellists:

Miranda Cunningham, Occupational Therapist and a Lecturer in Occupational Therapy at the University of Plymouth. She uses creative methods for research and teaching; drawing from professional experiences and evidence-based practice. She explores with students the power of the arts to support health and wellbeing. In her clinical practice, she used art forms to support the health and wellbeing of adults and older adults experiencing mental health problems. More recently, She has supported student placements in third sector organisations where arts have played a key role in personal recovery journeys. She is currently a PhD student, co-producing a research project with a local arts social action charity exploring how arts-based community projects can stimulate social change. She is also a Trustee of Arts and Health South West.

Helen Shearn, Consultant in arts, heritage, health and wellbeing and Occupational Therapist. Helen has over 30 years combined experience, facilitating, producing, and evaluating multi partnership creative health projects and teaching GCSE and A' Level art and design. Currently Helen is coordinating the heritage, health, and wellbeing programme in Kirkham, Lancashire (part of the Historic England's High Street, Heritage Action Zone). She is also the adviser for the Reconnect cultural prescribing network initiated by the Gardens, Libraries and Museums (GLaM) and social prescribing research network (OxSop) at University of Oxford. Helen held positions at South London & Maudsley NHS Foundation Trust (SLaM) as Trust wide Head of Arts Strategy, Southwark Arts Manager, Occupational Therapist and Day Centre Manager over 18 years. She has a PGDip in Arts Management and Policy, a PGDip in Occupational Therapy (University of Brighton, first cohort) and a BA Hons in Fine Art.

Karin Orman, Director of Practice and Innovation at The Royal College of Occupational Therapy. Karin leads the Practice and Innovation team that ensures RCOT and the OT profession have a strong voice and presence nationally and internationally. Karin has worked at RCOT for over ten years in several roles, most recently heading up the Professional Practice team. Karin is a registered occupational therapist. Before joining the team at RCOT, she worked in mental health for 22 years in a variety of settings from inpatient to community-based services. Karin has also worked for the South East Strategic Health Authority and delivered training and supervision services as an independent practitioner.

Jules Ford, Joint Head of Social Prescribing (Interim) Primary, Community and Personalised Care Directorate NHS England.