

# Creative Health at a Glance

## Spotlight on: Dementia

### **£149 million is saved**

annually, thanks to how movement and dance reduce the risk of developing dementia (1).



The **verbal fluency** of dementia patients is improved via music therapy. **Anxiety, depression, and apathy** are also significantly reduced (2).

Investors can expect up to **£6.62 Social Return on Investment** for every £1 invested in visual arts interventions for dementia (3).

