

Alignment with 10-Year Plan

- [Neighbourhood Health](#) (APPG briefing, 2025)
- [Digital](#) (APPG briefing, 2026)
- 10 Year Workforce Plan (inquiry response, 2025)
 - [The Three Shifts](#)
 - [Modelling Assumptions](#)
 - [Productivity Gains](#)
 - [Culture & Values](#)

Broader Policy Alignment

- [Children and Young People's Mental Health](#) (Select Committee Inquiry, 2026)
- [Early Years](#) (Select Committee Inquiry, 2025/6)
- [Healthy Ageing](#) (Select Committee Inquiry, 2025/6)
- [Men's Health](#) (Select Committee Inquiry, 2025/6)
- [Nurses and Midwives](#) (NHS Inquiry 2025)
- [LGBT+ Health](#) (NHS Inquiry 2025)
- [Young people NEET + mental wellbeing](#) (DCMS strategy 2026)
- [Social Care](#) (Casey Submission 2026)
- [Creative Health Review: How Policy can Embrace Creative Health](#) (2023), including a [Chapter](#) dedicated to Mental Health and Wellbeing across the Life Course
- APPG [Roundtable discussions](#) which informed the Review

Short-form Guidance Resources

- [Creative Health in Mental Health Trusts](#)
- [Creative Health in Adult Mental Health](#)
- [Creative Health Communication Framework: A Practical Guide for Impacting Mental Health and Wellbeing](#)

Video Content

- Roundtables
 - [Workforce Wellbeing and Cultural Change](#)
 - [Mental Health and Wellbeing Across the Life Course](#)
- Webinar + blog summary
 - [Children and Young People's Mental Health](#)
- Short videos - professional perspectives
 - [Creative Health in Mental Health Trusts](#)
 - [Children and Young People's Mental Health](#)

Implementing Creative Health

- [Implementing Creative Health Approaches in Mental Health Care](#)
- [Gloucestershire ICB Integration into Clinical Workstreams](#)
- Birmingham Public Health Research Officers in Residence Model (*publication forthcoming*)
- [Creative Health Toolkit](#)

More Information

- [Creative Health in Systems: the People Priorities and Challenges Shaping Integration](#) including chapters on
 - Mental Health (strategy alignment)
 - NHS Staff Wellbeing
- [Creative Health Research Round-Up](#) with research and case studies of topics such as:
 - Crafting lyrics, breaking barriers: Exploring the role of rap music in facilitating mental health expression among black men in the UK
 - The power of prevention: the economic and wellbeing impact of library activities for mental health and older adults
 - Narrative-driven A.I. model for measuring youth well-being
 - Art therapy to reduce burnout and mental distress in healthcare professionals in acute hospitals: a randomised controlled trial
 - Clinical effectiveness, implementation effectiveness and cost-effectiveness of a community singing intervention for postnatal depressive symptoms, SHAPER-PND: randomised controlled trial
 - Group arts interventions for depression and anxiety among older adults: a systematic review and meta-analysis
 - The impact of south Asian dance on engagement, independent movement and social skills for autistic children
 - Co-producing a 'creative toolkit' to support the mental health and wellbeing of palliative care professionals: a community case study
 - Governance, Management, and Funding Guidance